

GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

CUTTING & SEWING

(FOR VISUALLY IMPAIRED & OTHER DISABLED)

(Duration: One Year)

CRAFTSMEN TRAINING SCHEME (CTS) NSQF LEVEL- 2.5



SECTOR – APPAREL



CUTTING & SEWING

(FOR VISUALLY IMPAIRED & OTHER DISABLED)

(Non-Engineering Trade)

(Revised in March 2023)

Version: 2.0

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL - 2.5

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

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1. COURSE INFORMATION

During the one-year duration of "Cutting & Sewing (For Visually Impaired & Other Disabled)" trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional skill subject are as below: -

The trainees will comply with environment regulation and housekeeping, apply safe working practices. They will able to Identify, select and Make hand stitches in the given fabric. They can Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. They will also able to fix the fasteners on the given fabric and also acquire skill of drafting the pattern and sew a Ladies Suits.

The trainees will Take the appropriate body measurement and record the dimension. They can Identify, select the different types of patterns and apply. They will also able to Draft Paper Pattern Making, Cloth cutting and of Ladies wear, kids wear & gents wear.



2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of the economy/ labour market. The vocational training programs are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer programs of DGT for propagating vocational training.

'Cutting & Sewing (For Visually Impaired & Other Disabled)' trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one year duration. It mainly consists of Domain area and Core area. The Domain area (Trade Theory & Practical) imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge, and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

Candidates broadly need to demonstrate that they are able to:

- Read & interpret technical parameters/documentation, identify necessary materials and tools.
- Perform task with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional knowledge & employability skills while performing the job.

2.2 PROGRESSION PATHWAYS

- After successful completion of the course the trainees will able to work as Tailor, Master Tailor, Stretcher and entrepreneur.
- Can join industry as Craftsman and will progress further as Senior Craftsman, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1	Professional Skill (Trade Practical)	840
2	Professional Knowledge (Trade Theory)	240
3	Employability Skills	120
	Total	1200

Every year 150 hours of mandatory OJT (On the Job Training) at nearby industry, wherever not available then group project is mandatory.

On the Job Training (OJT) / Group Project	150
Optional Courses (10th/ 12th class certificate along with ITI	240
certification or add on short term courses)	

Trainees of one-year or two-year trade can also opt for optional courses of up to 240 hours in each year for 10th/ 12th class certificate along with ITI certification, or, add on short term courses

2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of the course and at the end of the training program as notified by DGT from time to time.

- a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on www.bharatskills.gov.in
- b) The final assessment will be in the form of summative assessment. The All India Trade Test for awarding NTC will be conducted by **Controller of examinations**, DGT as per the guidelines. The pattern and marking structure is being notified by DGT from time to time. **The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.**

2.4.1 PASS REGULATION

For the purposes of determining the overall result, weightage of 100% is applied for six



months and one year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising some of the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work
- Computer based multiple choice question examination
- Practical Examination

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted for formative assessment

Performance Level	Evidence			
(a) Marks in the range of 60%-75% to be allott	ed during assessment			
For performance in this grade, the candidate should produce work which demonstrates attainment of an acceptable standard of craftsmanship with occasional guidance, and due regard for safety procedures and practices.	 Demonstration of good skills and accuracy in the field of work/ assignments. A fairly good level of neatness and consistency to accomplish job activities. Occasional support in completing the task/ job. 			
(b) Marks in the range of 75%-90% to be allotted during assessment				



For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with little guidance, and regard for safety procedures and practices

- Good skill levels and accuracy in the field of work/ assignments.
- A good level of neatness and consistency to accomplish job activities.
- Little support in completing the task/job.

(c) Marks in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.

- High skill levels and accuracy in the field of work/ assignments.
- A high level of neatness and consistency to accomplish job activities.
- Minimal or no support in completing the task/job.



Tailor, General; makes ladies and gents' garments and children's clothes by stitching various components together according to pattern, by hand or sewing machine. Measures customers for size with inch-tape and record measurements for making garments. Cuts material according to pattern and size and assembles garment parts by sewing. Fits stitched garment on customer, marks alterations to be made and finishes garments. May prepare new designs and Masden Lays and supervise sewing, stitching, button holing, etc. delegated to other workers. May also repair and renovate garments.

Cutter, Hand (Textile Product); cuts garment parts and other articles to be sewed together from cloth, canvas, etc., using scissors. Spreads single or multiple layers of cloth, fabric or other material to be cut on table or board. Places pattern on material in such position as to have least wastage. Marks outline on material with chalk. Cuts along outline marked in chalk or around edge of pattern using scissors.

Reference NCO-2015:

- a) 7531.0100 Tailor, General
- b) 7532.0700 Cutter, Hand (Textile Product)

Reference NOS:

- a) AMH/NO102
- b) AMH/N1948
- c) AMH/N1204
- d) AMH/N1947



4. GENERAL INFORMATION

Name of the Trade	CUTTING & SEWING (For Visually Impaired & Other Disabled)				
	` ' ' '				
NCO - 2015	7531.0100, 7532.0700				
NOS Covered	AMH/NO102, AMH/N1948, AMH/N1204, AMH/N1947				
NSQF Level	Level-2.5				
Duration of Craftsmen Training	One Year (1200 Hours + 150 hours OJT/Group Project)				
Entry Qualification	Passed 8 th class examination (Candidate should be of low vision/Orthopedically disabled/Hearing impaired /Other Disabled)				
Minimum Age	14 years as on first day of academic session.				
Eligibility for PwD	Visually impaired and other disabled				
Unit Strength (No. of Student)	12 (There is no separate provision of supernumerary seats)				
Space Norms	35 Sq. m				
Power Norms	4 KW				
Instructors Qualification	for:				
(i) Cutting & Sewing (For Visually Impaired & Other Disabled) Trade	B.Voc/Degree in Fashion/ Apparel Technology from UGC recognized university with One Year Experience in the relevant field. OR Diploma (Minimum 2 years) in Dress Making/ Garments Fabricating Technology/ Costume Designing from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/NAC passed in Cutting & Sewing/ Dress Making trade with three years experience in the relevant field. Essential Qualification: Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT. Note: a) Out of two Instructors required for the unit of 2 (1+1), onemust				
	have Degree/Diploma and other must have NTC/NAC qualifications. However both of them must possess NCIC in any of its variants. b) For differently abled Students it is Preferable that the				



Instructor should know the sign language.					
OR					
He/ She have to learn the sign language within six months of joining.					
MBA/ BBA / Any Graduate/ Diploma in any discipline with Two years' experience with short term ToT Course in Employability Skills. (Must have studied English/ Communication Skills and Basic Computer at 12th / Diploma level and above) OR Existing Social Studies Instructors in ITIs with short term ToT Course in Employability Skills.					
21 Years					
As per Annexure – I					



Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 LEARNING OUTCOMES

- 1. Identify, select and Make hand stitches in the given fabric following safety precautions. (NOS: AMH/NO102)
- 2. Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. (NOS: AMH/N1948)
- 3. Fix the fasteners on the given fabric. (NOS: AMH/N1948)
- 4. Draft the pattern and sew a Ladies' Suit. (NOS: AMH/N1948)
- 5. Take the appropriate body measurement and record the dimension. (NOS: AMH/N1204)
- 6. Identify, select the different types of patterns and apply. (NOS: AMH/N1947)
- 7. Draft Paper Pattern Making, Cloth cutting of ladies' wear. (NOS: AMH/N1947)
- 8. Draft Paper Pattern Making, Cloth cutting of Kids wear. (NOS: AMH/N1947)
- 9. Draft Paper Pattern Making, Cloth cutting of Gents wear. (NOS: AMH/N1947)

Note: -

- It will be the responsibility of Training Centre to impart training in addition to curriculum like Orientation, Mobility, Activities of Daily Living, total communication, use of assistive devices, adaptations for barrier free environment like staircase, lift sign board, ramp, instruments, psychology, sociology of behaviour and technology.
- Visually Impaired and other such Disabilities requiring support should be provided Writer (one standard below Trade Entry Level) during examination and given 30 Minutes more than the prescribed time. Please update trainer knowledge for advance techniques and treatment. All material should be in proper quality and quantity. For practical, chart with process must be required.



6. ASSESSMENT CRITERIA

	LEARNING OUTCOMES	ASSESSMENT CRITERIA	
1.	Identify, select and Make hand stitches in the given	Identify tools for Cutting, Sewing & Finishing and use of these tools with safety.	
	fabric following safety precautions.	Select suitable fabric. Select suitable needle size and sewing thread according to fabric.	
	(NOS: AMH/NO102)	Straighten the fabric grain	
		Maintain the distance between two stitches. Take care about length and width of the stitches.	
		Follow the color combination while doing the decorative stitches.	
		Finish the edge of the fabric using hemming stitch.	
		Follow the safe measures and needle guard policy while doing the sewing.	
2.	Stitch the following using the given fabric. (NOS:	Identify tools for Cutting, Sewing & Finishing and use of these tools with safety.	
	AMH/N1948)	Select suitable fabric. Select suitable needle size and sewing thread according to fabric.	
		Straighten the fabric grain.	
		Sit in a correct posture and test the stitch formation in the sewing machine.	
		Use proper sewing aids while sewing the garment.	
		Use appropriate stitching techniques such as single pointed darts, plain seam, continuous placket, casing and decorative hem.	
		Check the direction of darts.	
		Finish the garment by applying suitable fasteners.	
		Mark the dart properly at the start and the end.	
		Stitch the dart and knot the dart end.	
		Press the dart.	
		Mark the pleat lines.	
		Stitch the pleat.	
		Check distance in between the pleats.	
		Press the Pleat.	
Mark the tuck lines. Stitch the tucks.		Mark the tuck lines.	
		Stitch the tucks.	
		Finish the stitching at the tuck end.	
		Press the tucks.	

Marks the start and end of gathers.
Check the equal distribution of gathers.
Stitch in straight lines.
Thread the over lock machine.
Finish the free edge by over lock machine.
Press the fabric at the end.
Mark and cut the frill strips.
Finish the edge of the frill.
Attach the frill to a fabric.
Mark the hem with proper tools.
Maintain equal folding throughout the hem.
Properly finish the corner in case of mitered hem.
Mark the allowance for casing in the fabric.
Turn the fabric equally while stitching casing.
Finish the edge of the casing at the opening side.
Maintain the straight line while stitching.
Make the bias strips.
Join the bias strips properly.
Attach the bias strip on the curved lines.
Cut & clip in the curved lines.
Maintain the shape of the necklines.
Select the proper method of finishing the neckline.
Follow perfection while stitching in curves.
Maintain neatness and balance throughout the process.
Finish the end point of the placket.
Mark and cut the finishing strips.
Follow straight edge stitching.
Select and mark the placement of the pocket.
Stitch neatly the corners in case of patch pockets.
Secure the ends of the pocket mouth.
Follow neatness while sewing with the base fabric.
Select suitable interlining and its facing for the main fabric.
Check the balance of the collars.
Maintain shapes at the both ends of the collars.
Follow sharp collar points while turning the collar.
Check the fabric suits the sleeve style.
Cut the fabric for sleeve by following proper fabric grain.

<u> </u>	ewing (vi & OD)				
		Finish the bottom of the sleeve neatly.			
		Select suitable interlining material according to main fabric.			
		Fix or Fuse the interlining to the main fabric.			
		Maintain neatness while sewing the corners of the cuff.			
		Make neat top stitching on the cuff.			
		Solve the sewing machine problems with suitable remedies after finding the causes.			
		Follow the safe measures and needle guard policy while doing the sewing.			
_	E' de federe e de				
3.	Fix the fasteners on the given fabric. (NOS:	Select a suitable fastener according to the requirement.			
	AMH/N1948)	Maintain neatness while starting and ending stage of fixing fasteners.			
		Match male & female part of fasteners.			
		Fix the size of the buttonhole according to the button.			
		Follow equidistance and equal height with neatness button hole stitches.			
		Select the thread with suitable color and quality for patching.			
		Finish neatly the darned or patched piece.			
4. Draft a pattern for Ladies' Suit. (NOS:		Identify tools for measuring, marking, drafting & cutting and use of these tools with safety.			
	AMH/N1948)	Explain the measuring units and measuring techniques for required measurements.			
		Draft the pattern for a Ladies' Suit. Use the paper economically- Check for shapes, front and back shoulder, side seams.			
		Cut the pattern using shears properly along the cutting line - Check cutting edges.			
		Finish the pattern with pattern particulars.			
5.	Take the appropriate	Take measurement of joints and muscles.			
	body measurement and	Identify types of figure body measurement.			
	1.1 1.	Identify Types& Measuring Techniques.			
	record the dimension.	Identify Types& Measuring Techniques.			
	record the dimension. (NOS: AMH/N1204)	Identify Types& Measuring Techniques. Follow safety precaution.			

<u> </u>	ewing (VI & OD)					
6.	Identify, select the different types of patterns and apply. (NOS:AMH/N1947)	Make different types of layout using the given patterns.				
		Identify and select pattern types.				
		Identify Spreading methods/machines.				
		Identify Types of layout Pattern Drafting.				
7.	Draft Paper Pattern Making, Cloth cutting of	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of Saree Petticoat.				
	ladies' wear. (NOS:	Checking the Fitting of the garment.				
	AMH/N1947)	Operate Multipurpose Machine (Zigzag).				
		Prepare Ladies Tops/Short Kurtis, Ladies suit, Night wear (one piece/two piece), Sari blouses.				
8.	Draft Paper Pattern Making, Cloth cutting of Kids wear. (NOS: AMH/N1947)	Pattern Making of Dresses for new born, Dresses for Toddler, Dresses for Kids.				
		Drafting of Dresses for new born, Toddler & Kids.				
		Check the Fitting of the garment.				
		Follow safety precaution.				
9.	Draft Paper Pattern Making, Cloth cutting of Gents wear. (NOS:AMH/N1947)	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding for Kurta & Pyjamas.				
		Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding for Casual Shirts & Trousers.				
		Methods of removing different kinds of stains in fabrics.				
		Checking of garments in respects of Measurements, Stitching, Stains, Defects, Correcting measures.				
		Checking the Fitting of the garment.				





SYLLABUS - CUTTING & SEWING						
(For Visually Impaired & Other Disabled)						
	Duration: One Year					
Duration	Reference Learning Outcome		Professional Skills (Trade Practical)	Pro	fessional Knowledge (Trade Theory)	
Professional	Identify, select and	1.	Familiarization with the	Introd	uction	
Skill 76Hrs.;	Make hand stitches		Institute.	•	Trade	
3Kiii 701113.,	in the given fabric	2.	Familiarization & handling	•	Job Prospects	
Professional	following safety		of tools.	•	Safety precautions	
Knowledge	precautions.	3.	Safety Precautions while	•	First Aid	
24 Hrs.	precautions.	٥.	handling the tools.	Basic I	ndustrial Terminology	
2			marraming the tools.		related Tools, their	
				impor	ŕ	
				-	and safety	
				• usuge	Measuring Tools	
					Drafting Tools	
				•	Marking Tools	
				•	Cutting Tools	
				•	Sewing Tools	
				•	Finishing Tools	
		4.	Identification of fabrics and	Fabric	Fundamentals	
			texture.	•	Brief idea about	
		5.	Handling of Fabrics.		fibers	
		6.	Making weave samples.	•	Types of Fabrics	
				•	Selection of Needle	
					and thread according	
					to fabric types	
				•	Needle Break Policy	
					Fabric Preparation for cutting	
				•	Fabric Grain	
					Selvedge	
				•	Shrinkage	
				•	Straightening the	
					fabric Grains	
				•	Measurements	
				•	Units	

		Practice on Industrial Single needle lock stitch Sewing Machine 7. Sitting posture - Eye, Hand & Foot co- ordination. 8. Speed Control. 9. Practice on paper. 10. Threading of machine. 11. Bobbin winding & loading. 12. Practice on fabric. 13. Running on • Straight lines • Square • Zigzag lines • Circle • Semicircle • Spiral 14. Practice on over lock machine. • Threading • Running • Minor adjustments	Measuring Techniques Basic Sewing Machine Parts and functions Machine needle Stitch formation Sewing machine practice Care and maintenance Trouble Shooting Types of Industrial Sewing Machine Over lock machine Parts and functions Machine practice Care and maintenance Trouble Shooting Basic Garment Analysis
Professional Skill 285Hrs.; Professional Knowledge 72 Hrs.	Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff.	 15. Practice of making Seams Plain Seam (Straight & Curved) with seam finishes. Self-Enclosed seams. Top stitched seams. Corded Seam. Decorative seams Practicing with Sewing Aids. 16. Making Samples of Darts Pleats 17. Making Samples of Tucks Gathers and Shirrs 	Seams Classification Uses Properties of Seams Seam finishes Sewing Aids Presser foots Folders Guides Introducing Fullness Darts — Necessity, type & precautions during stitching Pleats — Necessity, type & uses Introducing Fullness

y & Jewing (VI & OD)		
	• Frills	Tucks — Types & use
		 Gathering and
		Shirring
		• Flare
		Ruffles/Frills — Types
		(Straight& Circular) &
	10. 5 (11. 1)	uses
	18. Practice of Hand stitches &	Hand stitches
	Making Samples of them.	Hand needles — Size
		& types
		Sewing Thread The sea Section 1 is a section 1.
		 Types & Applications of hand stitches
	19. Making samples of	Hems
	Faced Hem	• Types
	Edge stitched hem	• Uses
	Double stitched hem	Corner Makings
	Band hem	• Types
	Ease in a hem	• Uses
	Mitered hem	
	20. Practice of the	
	cornermakings	
	Self-turned	
	With additional strip	
	21. Making samples of	Casing
	Casing with Drawstring	Introduction use
	Casing with elastic	Edge Finishing
	Casing with heading	 Facings
	Inside applied casing	 Bindings
	Outside applied casing	
	22. Making samples of edge finishing	• Piping
	Bias facing	
	Combination shaped	
	facing	
	Outside facing	
	Self-facing	
	Shaped facing	
	Binding	
	Piping	
	23. Making samples of	Necklines
	different shaped necklines.	 Different shapes of
	16	

24. Samples of making samples of Plackets Faced Placket Faced Placket One Piece Placket Two Piece Placket Types Types Design variations Collars Collars Collars Collars Collars Collars Collar terms Seeves Classification Collar terms Seeves Classification Sleeves Classification Sleeves Classification Sleeves Classification Sleeves Types Classification Sleeves Classification Sleeves Classification Sleeves Collar terms Seeves Professional Skill 28 Hrs.; Trimmings Trimmings Trimmings Trimmings Trypes Applications Fixing of Buttons, hooks etc. Applications Fixing of Buttons, hooks etc. Making of Buttonhole Mending Darring Professional Skill 43 Hrs.; Professional Skill 43 Hrs.; Professional Collars Trimmings	ig & Sewing (VI	<u> </u>				neckline.
of Plackets Faced Placket Faced Placket Continuous Placket Continuous Placket Two-piece Placket Two-piece Placket Two-piece Placket Two-piece Placket Fly Front Open End Invisible Visible 25. Samples of making different Pockets. Patch Inseam Cut/slash Collars Collars Collar terms 27. Samples of making Sleeves. 27. Samples of making Sleeves. Fix the fasteners on Skill 28 Hrs.; Professional Knowledge O6 Hrs. Oraft the pattern Types Nample makings Collars Types Collars Collar terms Sleeves Classification Sleeves Applications Trimmings Trypes Applications Fixing of Buttons, hooks etc. Making of Buttonhole Mending Darning Patching Professional Draft the pattern Trifing & developingPattern			24	Samples of making samples	Dlacket	
• Faced Placket • Continuous Placket • Continuous Placket • One Piece Placket • Two Piece Placket • Two Piece Placket • With pleat • Zippered Placket • With pleat • Zippered Placket • With pleat • Fly Front • Open End • Invisible • Visible 25. Samples of making different Pockets. • Patch • Inseam • Cut/slash 26. Samples of making Collars. Collars • Classification • Collar terms 27. Samples of making Sleeves. 27. Samples of making Sleeves. Professional Skill 28 Hrs.; and Press Studs. Professional Knowledge O6 Hrs. Professional Draft the pattern 31. Stitching of Ladies suit. Professional Professional Draft the pattern 31. Stitching of Ladies suit. Drafting & developingPattern			24.		Placket	
Continuous Placket One Piece Placket Two Piece Placket Two Piece Placket Two Piece Placket Two-piece Placket Types Types Design variations Collars Collars Collars Collars Collar terms Z7. Samples of making Sleeves. Collars Collar terms Sleeves Classification Collar terms Sleeves Classification Collar terms Sleeves Classification Collar terms Sleeves Classification Collar terms Z8. Practice of fixing fasteners as Buttons, Hooks, Eyes, and Press Studs. Professional Knowledge O6 Hrs. Professional Collars Col					•	
Professional Knowledge One Piece Placket Two Piece Placket Two Piece Placket Two-piece Placket Types Design variations Collars Collars Collars Collars Collars Collars Collar terms Sleeves Classification Sleeve length variation Sleeve length variation Sleeve swith and withoutcuff. Trimming Sleeves with and withoutcuff. Trimmings Trimmings Trimmings Trypes Applications Trypes Applications Fix the fasteners on sa Buttons, Hooks, Eyes, and Press Studs. Professional Knowledge Of Hrs. Professional Draft the pattern To parning Applications Fixing of Buttons, hooks etc. Making of Buttonhole Mending Darning Patching Professional Draft the pattern To parning Patching Professional Draft the pattern Trimmings					•	Sample makings
Professional Knowledge Professional Knowledge Professional Knowledge Professional Knowledge Professional Knowledge Professional Knowledge Professional Rather Age and Press Studes Professional Knowledge Professional Draft the pattern Professional Professional Rather Age and Press Studes Professional Professional Rather Age and Press Studes Professional Rather Age and Press Studes Professional Rather Age and Press Studes Professional Rather Age and Press Rather Rather Age and Press Studes Professional Rather Age and Press Rather R				 Continuous Placket 		
Professional Knowledge O6 Hrs. ■ Two-piece Placket with pleat ■ Zippered Placket ■ Lapped ■ Fly Front ■ Open End ■ Invisible ■ Visible 25. Samples of making different Pockets. ■ Patch ■ Inseam ■ Cut/slash 26. Samples of making Collars. 27. Samples of making Sleeves. 28. Practice of fixing fasteners as Buttons, Hooks, Eyes, and Press Studs. Professional Knowledge O6 Hrs. 29. Practice of making Button holes by Hand. 30. Practicing Darning and Patching. Professional Draft the pattern 31. Stitching of Ladies suit. Professional Normal Patching Professional Draft the pattern 31. Stitching of Ladies suit. Professional Science Packet ■ Types ■ Classification ■ Collars ■ Classification ■ Collar terms Sleeves ■ Classification ■ Sleeves with and withoutcuff. Trimmings ■ Types ■ Applications ■ Fixing of Buttons, hooks etc. ■ Making of Buttonhole Mending ■ Darning ■ Patching Professional Draft the pattern				 One Piece Placket 		
with pleat				 Two Piece Placket 		
Professional Skill 28 Hrs.; Professional Knowledge 06 Hrs. Professional Rowship Steeves 1				 Two-piece Placket 		
Professional Skill 28 Hrs.; Professional Knowledge 06 Hrs. Professional Knowledge 06 Hrs. Professional Robbet 1				with pleat		
Fly Front → Open End → Invisible → Visible → Open End → Invisible → Visible → Open End → Open En				 Zippered Placket 		
Professional Knowledge Popen End Professional Knowledge Popen End Professional Knowledge Popen End Professional Knowledge Popen End Professional Knowledge Popen End Professional Knowledge Popen End Professional Knowledge Professional Robots Professional Robots Professional Robots Professional Knowledge Professional Robots Professional Robots Professional Knowledge Professional Robots Professional Robo				Lapped		
Professional Rowledge Pockets				Fly Front		
Pockets Fix the fasteners on the given fabric. Professional Knowledge Pockets Patch				Open End		
25. Samples of making different Pockets. Patch Inseam Cut/slash 26. Samples of making Collars. Collars Collar terms 27. Samples of making Sleeves. Classification Collar terms 27. Samples of making Sleeves. Fix the fasteners on Sleeves with and withoutcuff. Professional Skill 28 Hrs.; Professional Knowledge O6 Hrs. Professional Collars Collars Col				Invisible		
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Knowledge 06 Hrs. 30. Practicing Darning and Patching. Professional Draft the pattern holes by Hand. hooks etc. Making of Buttonhole Mending Darning Patching Professional Draft the pattern hooks etc. Making of Buttonhole Mending Patching Patching Professional Draft the pattern				and Press Studs.	•	Applications
06 Hrs. 30. Practicing Darning and Patching. • Making of Buttonhole Mending • Darning • Patching Professional Draft the pattern 31. Stitching of Ladies suit. Drafting & developingPattern	Professional		29.	Practice of making Button	•	Fixing of Buttons,
Patching. Patching. Buttonhole Mending Darning Patching Patching Patching Patching Patching Patching Patching	Knowledge			holes by Hand.		hooks etc.
Patching. Patching. Darning Patching Patching Patching Patching Patching Patching Patching Patching	06 Hrs.		30.	Practicing Darning and	•	Making of
 Darning Patching Professional Draft the pattern 31. Stitching of Ladies suit. Drafting & developing Pattern 						Buttonhole Mending
Professional Draft the pattern 31. Stitching of Ladies suit. Drafting & developingPattern				•	•	Darning
					•	Patching
Skill 43 Hrs.; and sew a Ladies' for Ladies suit	Professional	Draft the pattern	31.	Stitching of Ladies suit.	Drafting	g & developingPattern
, , , , , , , , , , , , , , , , , , , ,	Skill 43 Hrs.;	and sew a Ladies'			for Ladi	es suit

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Professional	Suit.				
Knowledge					
12 Hrs.					
Professional	Take the	32.	Practice of taking Body	Human	Figures
Skill 13 Hrs.;	appropriate body		Measurements.	•	Eight Head Theory
Professional	measurement and record the dimension.			•	Brief introduction about Joints and Muscles
Knowledge 06 Hrs.				•	Types of Figures
				•	Body Measurements Importance
				•	Types & Measuring Techniques
				•	Precautions
				•	Measurement Charts.
Professional	Identify, select the	33.	Practicing different types of	Patterns	3
Skill 28 Hrs.;	different types of		layout using the given	•	Importance
	patterns and apply.		patterns.	•	Pattern Information
Professional				•	Types
Knowledge 06 Hrs.				•	Spreading & Pattern Layout
				•	Importance
				•	Spreading methods/machines
				•	Types of layout Pattern Drafting
				•	Drafting/Pattern Terminology
				•	Principles of Pattern drafting.
Professional	Draft Paper Pattern	34.	Pattern Making, Fabric	Pressing	
Skill 150	Making, Cloth		Estimation, Cutting,	•	Tools
Hrs.;	cutting of ladies wear.		Sewing, Pressing & Folding of Saree Petticoat.	•	Methods Importance of Pressing
Professional	wcar.	25	Checking the Fitting of the	•	Trial Room
Knowledge		ارد	garment.	•	Necessity
54 Hrs.			Barment	•	Specification Sketching and drafting of Sari
					Petticoat.



ng & Sewing (VI	& OD)		
		36. Practice on special industrial sewing machines - Multipurpose Machine (Zigzag)	 Mass Production Process - Sequence of operations Types of cutting machines Fusing Technology Types of Industrial Machines Used in sewing section Finishing
		Ladies Wear 37. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variations Ladies Tops/Short Kurtis Ladies suit Night wear (one piece/two piece) Sari blouses 38. Checking the Fitting of the garment.	Drafting of the following garments - • Ladies Tops/Short Kurtis • Ladies suit • Night wear (one piece/two piece) • Sari blouses.
Professional Skill 84 Hrs.; Professional Knowledge 30Hrs.	Draft Paper Pattern Making, Cloth cutting of Kids wear.	Kids Wear 39. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variations • Dresses for new born • Dresses for Toddler • Dresses for Kids Checking the Fitting of the garment.	Drafting of the following garments -
Professional Skill 133Hrs.; Professional Knowledge	Draft Paper Pattern Making, Cloth cutting of Gents wear.	Gents Wear 40. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variations • Kurta & Pajama	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variations • Kurta & Pyjamas • Casual Shirts &

y a sewing (vi a ob)		,
30 Hrs.	Casual Shirts &	Trousers
	Trousers.	
	41. Checking the Fitting of the	
	garment.	
	42. Methods of removing	Laundry Stains
	different kinds of stains in	 Classification
	fabrics.	 Removing
	Spec Sheet	techniques Quality
	43. Make a spec sheet of Kurta	Control
	and Pajama	 Definition, need & planning
	 Develop a spec sheet templet 	Types of Inspection
	Fill up the basic	 Stages of Inspection
	information regarding	 Role of Quality Controller
	the design	Controller
	Make the technical	
	sketch of the	
	garment	
	Specify all the	
	measurements of	
	the finished garment	
	Technical	
	information to be	
	provide on the spec	
	sheet	
	Cost Sheet	
	44. Prepare a cost sheet of	
	Kurta Pajama	
	Fill up the basic	
	information regarding	
	the expension of	
	material, labour and	
	expenses	
Project work /Industrial Visit		

Project work/Industrial Visit

Broad Areas:

a) Choose any four garments mentioned above with specification sheet, Pattern and finish the garments neatly.



SYLLABUS FOR CORE SKILLS

1. Employability Skills (Common for all CTS trades) (120 Hrs.)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in www.bharatskills.gov.in/ dgt.gov.in



	LIST OF TOOLS & EQUIPMENT				
	CUTTING & SEWING (For Visually Impaired & Other Disabled) (for batch of 12 candidates)				
S No.	Name of the Tools and Equipment	Specification	Quantity		
A. TRAII	NEES TOOL KIT				
1.	Measuring Tape	150 cm	12+1 Nos.		
2.	Seam Ripper		12+1 Nos.		
3.	Thimble		12+1 Nos.		
4.	Tailor's Card Scale Triangular		12+1 Nos.		
5.	Tailors Square	Plastic	12+1 Nos.		
6.	French Curve Set of three		12+1 Nos.		
7.	Thread Cutter		12+1 Nos.		
8.	Scale plastic	24"	12+1 Nos.		
B. DRA	B. DRAFTING/CUTTING /SEWING ROOM TOOLS & EQUIPMENT				
9.	Scissors	25 cm	12+1 Nos.		
10.	Pinking Shears		02 Nos.		
11.	Leg Shaper	Plastic	12+1 Nos.		
12.	Garment Hangers		12+1 Nos.		
13.	Screw Driver Set		02 Sets		
14.	Table Sharpener		02 Nos.		
15.	Pressing Table		02 Nos.		
16.	Blanket for padding of Pressing Table		02 Nos.		
17.	Rubber mat (Size as per requirement)		02 Nos.		
18.	Sprayer		02 Nos.		
19.	Waste Bin Big / Small		06 Nos.		
20.	Pattern Punch		02 Nos.		
21.	Pattern Notcher		02 Nos.		
22.	Pattern Hanging Stand		02 Nos.		
23.	Water Tub	60 cm dia	01 No.		
24.	Stand for hanging dresses		02 Nos.		
25.	Trial room with 3 side mirrors each with arrangements of hanging Dresses	Size 150 cm X 60 cm	01 No.		
26.	Electric Automatic steam press		02 Nos.		
27.	Sewing Machine	Single Needle Lock stitch Industrial model	12+1 Nos.		

Cutting & Sewing (VI & OD)

<u>y a sewii</u>	ng (VI & OD)		
28.	Over Lock Machine 3 Thread		01 No.
29.	Zig-Zag Multi-Purpose Machine		01 No.
30.	Portable Type Multipurpose Sewing		03 Nos.
	Machine		
31.	Machine attachments		As per
			requirement
32.	Chairs with low back rest or stools for		12+1 Nos.
	the machines		
33.	Instructor Table		01 No.
34.	Instructor Chair		02 Nos.
35.	Steel Almirah	195 X 90 X 60 cm	02 Nos.
	Pigeon hole Almirah 10 lockers &		01 No.
36.	separate locking arrangements for		
	trainees		
37.	Locks for above pigeon hole		12+1 Nos.
38	Calculator Desk Type		01 No.
39	White Board with accessories (size		02 Nos.
	as per requirement)		
40.	Dummy Lady, men,kid(different size)		02 Nos. each
C. THEO	RY ROOM		
41.	Single desks for trainees with		12+1 Nos.
	arrangements of keeping Books etc.		
42.	Chairs without arms		12+1 Nos.
43.	Faculty Table & Chair set		01 No.
	Desktop Computer	CPU: 32/64 Bit i3/i5/i7 or latest	
		processor, Speed: 3 GHz or	
		Higher. RAM:-4 GB DDR-III or	
		Higher, Wi-Fi Enabled. Network	
		Card: Integrated Gigabit	
44.		Ethernet, with USB Mouse, USB	01 No.
		Keyboard and Monitor (Min. 17	
		Inch. Licensed Operating	
		System and Antivirus	
		compatible with trade related	
		software.	
45.	UPS		As required
46.	White Magnetic Board with Felt		01 No.
47.	Board & accessories		As Required
48	Storage Almirah		As Required
49	Book Shelf		01 No.

Note: -

- 1. All the tools and equipment are to be procured as per BIS specification.
- 2. Internet facility is desired to be provided in the class room.



The DGT sincerely acknowledges contributions of the Industries, State Directorates, Trade Experts, Domain Experts, trainers of ITIs, NSTIs, faculties from universities and all others who contributed in revising the curriculum. Special acknowledgement is extended by DGT to the following expert members who had contributed immensely in this curriculum.

	List of Expert members attended to finalize the course curriculum of Cutting & Sewing (For Visually Impaired & Other Disabled)				
SNo.	Name & Designation Sh/Mr/Ms	Organization	Remarks		
1.	Dr. Bhushan Punani, Executive Secretary	Blind Peoples Association, Ahmedabad	Chairman		
2.	L.K. Mukherjee, DDT	CSTARI, Kolkata	Coordinator		
3.	S.A. Pandav, Regional Dy. Director	RDAT, Vadodara	Member		
4.	Kr. H. D. Purohit, Supervisor Instructor	Mahila ITI Thaltej	Member		
5.	Viral G Ramavi, Supervisor Instructor	ITI Kubernagar	Member		
6.	Yogesh C Parkhey, Dy. Director (R) J/C	NCSC-DA Ahmedabad	Member		
7.	V.K. Tripathi, V.I. F/N	NCSC-DA Ahmedabad	Member		
8.	Dr. Dharti H. Gajjar, Assistant Professor	Gujarat University	Member		
9.	Jagruti Uderysim(C.I)	I.T.I Vastrapur	Member		
10.	Ranochhul Soni, Co- ordinator Tech for the Blind	Blind People's Association	Member		
11.	D. P. Gurjar, S.I, AAA	ITI Tarsali, Vadodara	Member		
12.	J.V Patel, GSDM Consultant	RDD, Vadodara	Member		
13.	Priyanka Parmar, GSDM Consultant	RDD, Vadodara	Member		
14.	Manubhai Chaudhary, Principal	Secondary School For the Blind	Member		
15.	Vinod bhai Rathore, Principal	A.T.C.B Blind School	Member		
16.	Purvi K. Chudusma Fashion Designer	Bhujodi Art & Crafts Studio, Ahmedabad	Member		
17.	Jagruti Uderysim, C.I.	Blind People's Association Vastra ITI	Member		
18.	Purvi Trivedi (Fashion Designer)	Television Media/National Film	Member		
19.	P.K. Bairagi, TO	CSTARI, Kolkata	Member		



ABBREVIATIONS

Craftsmen Training Scheme
Apprenticeship Training Scheme
Craft Instructor Training Scheme
Directorate General of Training
Ministry of Skill Development and Entrepreneurship
National Trade Certificate
National Apprenticeship Certificate
National Craft Instructor Certificate
Locomotor Disability
Cerebral Palsy
Multiple Disabilities
Low Vision
Hard of Hearing
Intellectual Disabilities
Leprosy Cured
Specific Learning Disabilities
Dwarfism
Mental Illness
Acid Attack
Person with disabilities



